



# Broadwater County 4-H Newsletter

January 2019

## Happy New Year!

We hope you had a wonderful holiday season! If you have any questions, please don't hesitate to contact the Extension office at [broadwater@montana.edu](mailto:broadwater@montana.edu) or 406.266.9242.

We want to make this year even better than last year! Happy New Year!

Note: The Exchange Club and the Photography Workshop have been moved from the Mason Building to the Senior Center in Townsend at 516 2<sup>nd</sup> Street.

## Don Greytak Calendars Are Still Here!



If you are interested in purchasing a calendar to help support the 4-H program, we have them here at the Extension office. Don Greytak is a Montana artist that draws beautiful scenes of rural life. They make great gifts! Calendars are \$15 this year because they come with three raffle tickets. You can enter to win a leather-bound collection of Don Greytak's Calendars! Make checks payable to the 4-H Council.

## Teen Leader Meeting

The next meeting will be held Wednesday, January 2<sup>nd</sup> at 2pm in the Courthouse basement meeting room at 515 Broadway in Townsend. For questions, contact Allison Kosto at 406.266.9242 or text 406.439.8863 or call Karen Noyes at 949.4852.

## Scheduling Cooking Workshops Now!

Since we don't have a cooking/baking leader, we ask each family that has a 4-Her in the project to put on a cooking workshop. These will be held at the fairgrounds in the 4-H Building Kitchen and held every Saturday or every other Saturday. Jennifer Beatty is kicking off the cooking workshop series on Saturday, January 12<sup>th</sup> at 10am. The suggested donation is \$2 per participant per workshop to help cover ingredient costs. Please RSVP to Jennifer by calling 406.490.1362 or emailing [beatty.jenn@gmail.com](mailto:beatty.jenn@gmail.com). Please reserve the weekend you would like to do by calling the Extension office at 406.266.9242 or emailing [broadwater@montana.edu](mailto:broadwater@montana.edu). It doesn't have to be an elaborate recipe. What is your family's favorite homemade recipe?



## Livestock Committee - New Location!

Meeting on Tuesday, January 15<sup>th</sup> at 7pm. The meeting has moved to the Toston Irrigation Office, 8715 Highway 287. For questions, call Jason at 406.949.4851.

## A Letter from the Extension Agent

We've finally made it to the final essential element of 4-H Youth Development, the **Opportunity to Value and Practice Service to Others**. Without a doubt, service is a major part of the 4-H program. It's a way to learn about the community and discover something about yourself. Recently, the 4-H teen leaders did a service project at a low income and senior housing facility. They donated Christmas decorations, put up a tree, went caroling, and organized a food drive. It was a wonderful way to make the holiday season a little brighter! There are so many examples of service in our 4-H program... Winston's Eager 2 B Safe program, Toston's Random Acts of Kindness, and Old Baldy's Thanksgiving baskets are just a few examples of the good happening in the county. Keep up the good work and together we can make our community and world a better place!

Sincerely,

**Allison Kosto**

Extension Agent  
MSU Extension Broadwater County  
515 Broadway  
Townsend, MT 59644  
406.266.9242

[allison.kosto@montana.edu](mailto:allison.kosto@montana.edu)

[msuextension.org/broadwater/](http://msuextension.org/broadwater/)

Facebook: @BroadwaterExtension



## Indoor Committee

The Indoor Committee will hold their next meeting at 6pm on Tuesday, January 29<sup>th</sup> in the Courthouse basement meeting room, located at 515 Broadway in Townsend. Enter the doors at the southwest corner of the building. For any questions or suggestions, contact Karen Noyes at 406.949.4852 or Terri Howey at 406.581.6295.

## 4-H Leaders Council

The Council will hold their next meeting at 7pm, January 29<sup>th</sup> in the same location as Indoor Council (see above). For any questions, contact Karen Noyes at 406.949.4852.

## Horse Committee

The next meeting will be held Wednesday, January 16<sup>th</sup> at 6pm in the Courthouse basement meeting room, located at 515 Broadway in Townsend. Enter the doors at the southwest corner of the building. For any questions, contact Jan Finn at 406.266.4992 or Donna Richards at 406.521.0717.

## Interstate Exchange Meeting - New Location!

A new cycle of interstate exchange is starting! New leaders, Rob & Vanessa Rauser, are holding an informational meeting on Thursday, January 3<sup>rd</sup> at 7pm at the Senior Center in Townsend at 516 2<sup>nd</sup> Street for anyone who is interested. An interstate exchange is an exciting opportunity for you to experience the geography, culture, and heritage of a community in another state. Our 4-H youth will host a group of 4-H members from another state and in exchange, we travel to their host state. Youth must be at least 12 years old (as of October 1, 2018) to participate and be enrolled in at least one other project. If you have questions, contact Vanessa at 406.451.9569. If you are interested in participating, but can't make the meeting, please let her know prior to the meeting.



## Shooting Sports Leader Training

The Shooting Sports Leader Training Schedule is listed below. Registration info [here](#).

**January 11<sup>th</sup>-12<sup>th</sup>:** Plentywood, (Archery, Rifle, Pistol, Shotgun). For registration information please contact Colleen Buck, Sheridan County Extension Agent, at 406.765.3406.

**January 25<sup>th</sup>-26<sup>th</sup>:** Bozeman, (Archery, Rifle, Pistol, Shotgun) Contact the Extension Office registration information. Due January 16<sup>th</sup>.

**April 5<sup>th</sup>-6<sup>th</sup>:** Billings, (Archery, Rifle, Pistol, Shotgun, Western Heritage)



## SAVE THE DATE - COUNTY CONTEST EXTRAVAGANZA!

The County Contest Extravaganza is set for Sunday, March 31<sup>st</sup>. If you are interested in being part of the committee for it, call 406.266.9242 or email [broadwater@montana.edu](mailto:broadwater@montana.edu). Any help would be much appreciated!

## Upcoming Workshops

**Archery:** Held every Monday night 6-8pm, now through March 4<sup>th</sup> in the 4-H Building at the Fairgrounds. No workshop held December 31<sup>st</sup>. For questions, call Jason at 406.949.4851.

**Gardening:** 7pm, Tuesday, January 15<sup>th</sup> at Samantha Ferrat's House. To RSVP, call 406.949.0869.

**Horse:** 6:30pm on Monday, January 21<sup>st</sup> in Basement of the Courthouse. Call Jan Finn 406.266.4992 or Donna Richards 406.521.0717 for more info.

**Livestock Judging:** For upcoming workshops, call Hugh 406.439.8873.

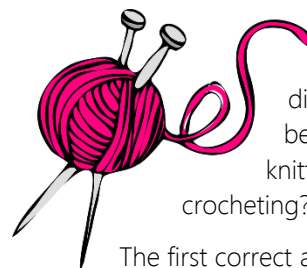
**Photography:** Next workshop is Sunday, January 6<sup>th</sup> at 1pm at the Senior Center in Townsend at 516 2<sup>nd</sup> Street. RSVP to Cassie Cooper by January 3<sup>rd</sup>. Call/text 406.439.1269 or email [cassie@mt.net](mailto:cassie@mt.net).

**Sewing:** 9:30am at LDS Church in Townsend on Saturday, January 12<sup>th</sup>. To RSVP & get a materials list, call Sarah at 406.266.3473.

**Visual Arts:** Planning a workshop in early February, so stay tuned. For more info or questions, call/text Katria at 406.431.1087.

**Small Bore Rifle (.22):** Every 2<sup>nd</sup> and 4<sup>th</sup> Thursday of the month from 6:30-7:30pm. They meet at the Broadwater Rod and Gun Club Canton Lane Range. For directions, click [here](#). For questions, call John at 406.422.9590.

## 4-H Kid's Corner



How are the tools different between knitting and crocheting?

The first correct answer will win a prize! If you know the answer, email [broadwater@montana.edu](mailto:broadwater@montana.edu).

## Winter Teen Retreat in Bozeman - February 2<sup>nd</sup>-3<sup>rd</sup>

Lewis and Clark County Extension is excited to host the 2019 4-H Winter Teen Retreat! Ages 13-19 are invited to attend and the cost is \$70. This retreat is a great chance for Montana 4-H teens from all over the state to get together to learn leadership, STEM, and wellness skills, along with fun activities like nighttime tube sledding, a dance, and more! The event will be held at the Yellowstone Youth Alliance in Bozeman. Contact the Extension Office for more info. **Registration is due January 23<sup>rd</sup>!**

## STATE 4-H ACTIVITIES

### MONTANANS FOR 4-H LEGISLATIVE BREAKFAST

**January 22<sup>nd</sup>, 2019 Delta Hotels Helena Colonial, Helena MT**



The Legislative Breakfast will be held at 6:30am on January 22<sup>nd</sup> with a preparatory dinner on the evening of January 21<sup>st</sup>. The prep dinner provides opportunities for youth and adults to practice speaking and prepare for visits with legislators.

Information for Counties, please visit the [Montanans for 4-H website](#) for more info.

#### Dates & Deadlines

- January 9<sup>th</sup>, 2019 – *Participant Registration Due*. Contact Samantha Ferrat at 406.949.0869 to register.
- January 21<sup>st</sup>, 2019 – Preparatory Dinner, Helena
- January 22<sup>nd</sup>, 2019 – Legislative Breakfast, Helena

*John and Samantha Ferrat are chaperones for this event*, so please contact them as you can get a ride with them!

### Montana 4-H Recreation Lab

Rec Lab will be hosted by District 2 in Chester, MT, March 22<sup>nd</sup> - 24<sup>th</sup>. Youth participants must be 13+ as of October 1<sup>st</sup>, 2017 and Adult chaperones must be at least 21 years of age. This event provides an opportunity for youth and adults to enhance their leadership, communication, and teambuilding skills in an action-packed and interactive setting. Rec Lab programming is designed to provide participants with tips and tricks for being a better club, camp, and community leader. By rotating around the state and hosted by a 4-H district each year, this event also provides youth and volunteers an opportunity to travel and experience locations that may be very different from their home county. The camp-like atmosphere and hands-on activities allow for a fun and laid-back weekend to create lasting memories.

**Registration due by Friday, February 15<sup>th</sup>** with a \$100 event fee. Late registration due by Friday, March 1<sup>st</sup> with a \$115 event fee. Contact the Extension office for information on how to register for this event.

### 4-H Scholarships through the Montana 4-H Foundation

If you're bored during winter break, think about getting a head start on these! Go to the Montana 4-H [Website](#) to learn more about the scholarships for graduating seniors. Scholarship applications must be received (or postmarked) by April 1<sup>st</sup>.

## Carbon County 4-H Archery Shoot

The 10 Meter Indoor 4-H Archery Shoot will take place at the Carbon County Fairgrounds in Red Lodge on Saturday, January 26<sup>th</sup>. **Registration due by mail Wednesday, January 16<sup>th</sup>.** For more information, contact the Extension Office.

## Shooting Stars Invitational in February

You're invited to the 6<sup>th</sup> Annual Carter County 4-H Shooting Stars Invitational February 1<sup>st</sup> and 2<sup>nd</sup> in Baker for Air Pistol, Air Rifle, and Archery. **Register by Friday, January 25<sup>th</sup>** by 5pm. For questions, call 406.778.7110 or email [falloncarter@montana.edu](mailto:falloncarter@montana.edu).

## Flathead County 4-H Shooting Sports Postal Tournament

This event is where you mail your score sheets in. Divisions are: Sporter Rifle, Precision Rifle, Pistol, and Archery. If you are interested in registering, please contact the Extension Office. Flathead wants the names of those participating by **January 31<sup>st</sup>.**

## Marias Fair Archery Invitational

The Marias Fair Shooting Sports Archery Committee is hosting an Archery Invitational on February 9<sup>th</sup> and 10<sup>th</sup> in Shelby.

All youth enrolled in the 4-H Archery project are invited to participate. For youth who have a conflict on Sunday, a limited number of shooting slots will be available on Saturday, February 9<sup>th</sup>. Otherwise, the majority of the invitational will be from 9am to 2pm Sunday, February 10<sup>th</sup>. Contact the Extension Office for more info.

## People Partner Grants - Montana 4-H Foundation

These grants provide incentives and financial support to 4-H groups and individuals for programs that enhance the quality of living for people in their communities.

Applications should meet the following criteria:

- Youth should be involved in determining, planning, conducting, and evaluating the project.
- Project will make it possible for people to accomplish something educational and worthwhile that helps them reach a higher quality of life.
- There is community support and acceptance of the project, as evidenced by "partners" listed in the grant application, additional funding sources, and resource persons and agencies involved.
- The project has lasting benefits.



Applications can be found [here](#) and must be postmarked by **February 1<sup>st</sup>**. Applications submitted by January 10<sup>th</sup> will be reviewed and returned with suggestions to strengthen the application in order to resubmit.

## NATIONAL 4-H ACTIVITIES

### Citizenship Washington Focus (CWF)

Go to Washington, D.C. for the week of June 8<sup>th</sup>-15<sup>th</sup> to experience our nation's capital, meet your legislators, and meet 4-Hers from around the country. Delegates have the opportunity to tour the Smithsonian and the national monuments as well as visit with Montana Senators and Representatives. Montana delegates travel as a group with two adult chaperones.



Delegates travel as a group with chaperones to the National 4-H Conference Center. The week is comprised of workshops related to the congressional process, meetings with your legislators, a cultural evening, and visits to monuments and museums on the mall. **Applications are due January 15<sup>th</sup>**.

Current 4-H members of 4-H ages 14-19 are eligible. To apply, contact the Extension Office or print and complete the application and return it to your county. [Application found here](#).

### Leadership Washington Focus (LWF)

This program is held July 14<sup>th</sup>-19<sup>th</sup> and is designed for middle school students (grades 7-9). Participants build confidence in their abilities to motivate and direct others in meaningful action, practice effective communication with others through group discussion and public speaking, work with others to create and accomplish goals, develop an understanding of their own personal leadership style, exchange ideas, practice respect, and form friendships with other 4-Hers from across the nation. Participants are accompanied by an adult chaperone. **Applications are due January 15<sup>th</sup>**. Current 4-H members in grades 7-9. To apply, contact the Extension Office or print and complete the application and return it to your county. The application can be found [here](#).

## Applications are now being accepted for the President's Environmental Youth Award (PEYA)

The PEYA program recognizes outstanding environmental stewardship projects by K-12 youth, promoting awareness of our nation's natural resources and encouraging positive community involvement. The PEYA program celebrates student leadership in service projects to protect the environment and keep our global community healthy. Winners of this year's awards will be invited to a ceremony in Washington, D.C. in mid-2019, and have their project mentioned on EPA's website.

The EPA will select up to two winners in each of EPA's 10 Regions - one regional winner for Grades K-5 and one regional winner for Grades 6-12. All student projects must be sponsored by at least one adult over the age of 21.

Applications are due **February 1<sup>st</sup>**. Click [here](#) for the application and eligibility information.



## National 4-H Conference

This event is held on April 6<sup>th</sup>-11<sup>th</sup> in Washington D.C. This is a working conference where youth and adults assist in the development of recommendations to guide 4-H nationally and in their communities. Applicants must be 15-18 years old and not a high school senior. Applications to be considered are due **January 15<sup>th</sup>**. Some funding is provided by the Montana 4-H Foundation. Click [here](#) for more info.

## Need Craft Supplies? JOANN Stores Team Up with 4-H!

JOANN stores are empowering the next generation of makers by connecting more young people to experiences where they can learn by doing, creating, and making. By providing local 4-H Clubs with resources and tools to run impactful programs, JOANN will bring the 4-H experience to more kids in need.

Save 15% with JOANN 4-H Rewards on in-store and online purchases with a rewards card. JOANN will give a minimum of 2.5% of eligible transactions to 4-H. Get a JOANN Rewards Card [here](#).

## VOLUNTEERS

### Montana Volunteer Facebook Page

Volunteer leaders are invited to join the closed Facebook group called "Montana 4-H Volunteer Leaders". This group is an opportunity for Volunteers and Extension Agents to share project and club ideas and network with others committed to growing true leaders through 4-H. Click [here](#) to join.

## LEADERS

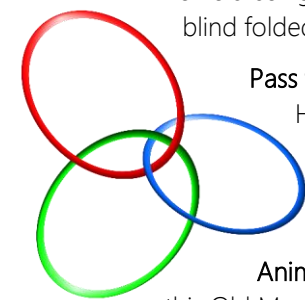
### Team Building Exercises

Too many new members and they aren't going out of their comfort zone to meet each other? Try some of these:

**Mine Field:** In a large, open room or field, lay out various objects such as tennis balls, soccer balls, bats, and other sporting equipment. Split the group into pairs with one person in each pair blindfolded. The blindfolded person cannot speak. Have the non-blindfolded partner stand outside the mine field. This person will direct the blindfolded partner through the mine field using verbal directions. If the blindfolded partner steps on a "mine," he or she needs to start over.



**Pass the Hula Hoop:** Have kids stand with one child holding the Hula Hoop over his or her arm. Have everyone join hands and work together to shimmy, shuffle, and shove the Hula Hoop over their arms, shoulders, and legs to pass it to the partner next to them without breaking the chain.



**Animal Farm:** Consider this Old MacDonald with an added team-building component – perfect for a group with younger ones. Each person receives a card with the name of a farm animal on it. To find the rest of their group (e.g., a flock of sheep, herd of cows), they must make the sound of the animal on their card and then assemble into groups based on their animals.



**Pizza, Ice Cream, Oh Boy.** Like a sports outing, team building doesn't have to be so obvious. Simple spaghetti dinners are ways for team members and their leaders to come together without the focus on tasks, plays, or drills.

**Game of Possibilities:** Tools Needed: Random objects. Rules: Give an object to one person in each group. One at a time, someone has to go up in front of the group and demonstrate a use for that object. The rest of the team must guess what the player is demonstrating.



The demonstrator cannot speak, and demonstrations must be original, possibly wacky, ideas.